



**Yolo County Board of Education and
Yolo County Superintendent of Schools**

**Resolution #21-22/47
Mental Health Awareness Month - May 2022**

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, early intervention efforts could greatly reduce the number of people experiencing serious mental health conditions; and

WHEREAS, there is strong research that humor, recreation, social connections, and work-life balance can help all Americans protect their health and well-being; and

WHEREAS, there is a need to improve public awareness of mental illness and to strengthen local and national awareness of brain diseases, so that all those with mental illness may receive adequate and appropriate treatment that will result in their becoming fully functioning members of society; and

WHEREAS, each school district, elected official, government agency, business, healthcare provider, organization, and citizen shares the burden of mental health problems, and has a responsibility to promote mental wellness and support prevention efforts; and

WHEREAS, since 1949, May has officially been recognized as Mental Health Month.

NOW THEREFORE, BE IT RESOLVED, that the Yolo County Board of Education hereby declare the month of May 2022 as Mental Health Awareness Month.

PASSED AND ADOPTED by the Yolo County Board of Education and the Yolo County Superintendent of Schools at a meeting held on April 12, 2022.

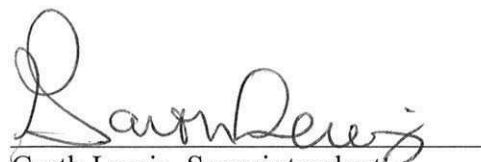
AYES: Esquivel, Moreno, Souza Cole, Yip, Zendejas

NOES: None

ABSENT: None

ABSTAIN: None


Melissa Moreno, President
Yolo County Board of Education


Garth Lewis, Superintendent
Yolo County Office of Education