



**Yolo County Board of Education and  
Yolo County Superintendent of Schools**

**Resolution #22-23/49  
Mental Health Awareness Month - May 2023**

**WHEREAS**, mental health is essential to everyone's overall health and well-being; and

**WHEREAS**, early intervention efforts could greatly reduce the number of people experiencing serious mental health conditions; and

**WHEREAS**, there is strong research that humor, recreation, social connections, and work-life balance can help all Americans protect their health and well-being; and

**WHEREAS**, there is a need to improve public awareness of mental illness and to strengthen local and national awareness of brain diseases, so that all those with mental illness may receive adequate and appropriate treatment that will result in their becoming fully functioning members of society; and

**WHEREAS**, each school district, elected official, government agency, business, healthcare provider, organization, and citizen shares the burden of mental health problems, and has a responsibility to promote mental wellness and support prevention efforts; and

**WHEREAS**, since 1949, May has officially been recognized as Mental Health Month.

**NOW THEREFORE, BE IT RESOLVED**, that the Yolo County Board of Education hereby declare the month of May 2023 as Mental Health Awareness Month.

**PASSED AND ADOPTED** by the Yolo County Board of Education and the Yolo County Superintendent of Schools at a meeting held on April 11, 2023.

**AYES:** Esquivel, Moreno, Yip

**NOES:** None

**ABSENT:** Salud-Ambriz, Zendejas

**ABSTAIN:** None

Handwritten signature of Shelton Yip in black ink.

Shelton Yip, Vice President  
Yolo County Board of Education

Handwritten signature of Garth Lewis in black ink.

Garth Lewis, Superintendent  
Yolo County Office of Education