**Students** BP/SP 5131.62(a)

### **TOBACCO**

The Yolo County Board of Education and the Yolo County Office of Education recognize that tobacco use presents serious health risks and desires to provide support and assistance in reducing the number of students who begin or continue to use tobacco. The Superintendent or designee shall establish a comprehensive program that includes consistent enforcement of laws prohibiting tobacco possession and use by students, tobacco-use prevention education including youth development activities, and intervention and cessation activities and/or referrals.

```
(cf. 5141.23 - Asthma Management)
```

# Prohibition Against Tobacco Use

Students shall not possess, smoke, or use tobacco or any product containing tobacco or nicotine any time, while on campus, while attending school-sponsored activities, in school or district owned or leased buildings, on school or district property, and in school or district vehicles, or while under the supervision and control of Yolo County Office of Education employees. Prohibited products include, but are not limited to, cigarettes, cigars, miniature cigars, clove cigarettes, smokeless tobacco, snuff, chew packets, and betel. (Education Code 48900, 48901)

```
(cf. 3513.3 - Tobacco-Free Schools)
(cf. 5131 - Conduct)
(cf. 5144 - Discipline)
(cf. 5144.1 - Suspension and Expulsion/Due Process)
(cf. 5144.2 - Suspension and Expulsion/Due Process (Students with Disabilities))
```

Students' possession or use of nicotine delivery devices, such as electronic cigarettes; vapor emitting electronic devices, such as electronic hookah, with or without nicotine content, that mimic the use of tobacco products, are also prohibited.

These prohibitions do not apply to a student's possession or use of his/her own prescription products. (Education Code 48900, 48901)

### **Prevention Instruction**

The Yolo County Office of Education shall provide developmentally appropriate tobacco-use prevention instruction for students at selected grade levels from K-12. Such instruction shall be aligned with state content standards and the state curriculum framework for health education and with any requirements of state and/or federal grant programs in which the district participates.

```
(cf. 6142.8 - Comprehensive Health Education)
(cf. 6143 - Courses of Study)
```

### Intervention/Cessation Services

The Yolo County Office of Education may provide or refer students to counseling, intensive education, and other intervention services to assist in the cessation of tobacco use. When appropriate, such intervention services may be provided as an alternative to suspension for tobacco possession.

# **TOBACCO** (continued)

```
(cf. 1020 - Youth Services)
(cf. 5146 - Married/Pregnant/Parenting Students)
(cf. 5141.6 - School Health Services)
(cf. 6164.2 - Guidance/Counseling Services)
```

# **Program Planning**

The Yolo County Office of Education's tobacco-use prevention and intervention program shall be based on an assessment of tobacco-use problems in district schools and the community, an examination of existing services and activities in the community, and a determination of high-risk student populations that are most in need of district services.

The Superintendent or designee shall coordinate with the local health department and county office of education in program planning and implementation. He/she may establish an advisory council including students, parents/guardians, district staff, representatives of the local health department and community organizations, law enforcement professionals, and/or others with demonstrated expertise in tobacco prevention and cessation.

```
(cf. 1220 - Citizen Advisory Councils)
(cf. 1400 - Relations Between Other Governmental Agencies and the Schools)
```

The Superintendent or designee also shall coordinate the district's tobacco-use prevention and intervention program with other Yolo County Office of Education efforts to reduce students' use of illegal substances and to promote student wellness.

```
(cf. 5030 - Student Wellness)
(cf. 5131.6 - Alcohol and Other Drugs)
(cf. 5131.63 - Steroids)
```

The Superintendent or designee shall select anti-tobacco programs based on the model program designs identified by the California Department of Education (CDE) and may modify the model to meet district needs. (Health and Safety Code 104420)

The Superintendent or designee shall not accept for distribution any materials or advertisements that promote the use or sale of tobacco products. He/she also shall not accept tobacco-use prevention or intervention funds or materials from the tobacco industry or from any entity which has received funding from the tobacco industry.

```
(cf. 1325 - Advertising and Promotion)
(cf. 3290 - Gifts, Grants and Bequests)
(cf. 6161.1 - Selection and Evaluation of Instructional Materials)
```

### **Program Evaluation**

To evaluate the effectiveness of the district's program and ensure accountability, the Superintendent or designee shall biennially administer the California Healthy Kids Survey or other appropriate student survey at selected grade levels in order to assess student attitudes toward tobacco and student use of tobacco. He/she also shall annually report to the Board, and to the CDE if required, the data specified in Health and Safety Code 104450.

```
(cf. 0500 - Accountability)
(cf. 5022 - Student and Family Privacy Rights)
(cf. 6162.8 - Research)
```

The results of program evaluations shall be used to refine program goals and objectives and make changes as needed to strengthen program implementation.

#### Legal Reference:

**EDUCATION CODE** 48900 Suspension or expulsion (grounds)

48900.5 Suspension, limitation on imposition; exception

48901 Smoking or use of tobacco prohibited

51202 Instruction in personal and public health and safety

60041 Instructional materials, portrayal of effects of tobacco use

HEALTH AND SAFETY CODE

104350-104495 Tobacco-use prevention education

119405 Unlawful to sell or furnish electronic cigarettes to minors

PENAL CODE

308 Minimum age for tobacco possession

CODE OF REGULATIONS, TITLE 17

6800 Definition, health assessment

6844-6847 Child Health and Disability Prevention program; health assessments

UNITED STATES CODE, TITLE 20

7111-7117 Safe and Drug-Free Schools and Communities Act

CODE OF FEDERAL REGULATIONS, TITLE 21

1140.1-1140.34 Unlawful sale of cigarettes and smokeless tobacco to minors

ATTORNEY GENERAL OPINIONS

88 Ops. Cal. Atty. Gen. 8 (2005)

#### Management Resources:

#### CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS

Health Education Content Standards for California Public Schools: Kindergarten Through Grade Twelve,

Health Framework for California Public Schools: Kindergarten Through Grade Twelve, 2003 Getting Results: Part II California Action Guide to Tobacco Use Prevention Education, 2000

**WEST ED PUBLICATIONS** 

Guidebook for the California Healthy Kids Survey

**WEB SITES** 

CSBA: http://www.csba.org

California Department of Education, Tobacco-Use Prevention Education:

http://www.cde.ca.gov/ls/he/at/tupe.asp

# **TOBACCO** (continued)

California Department of Public Health, Tobacco Control: http://www.cdph.ca.gov/programs/tobacco California Healthy Kids Resource Center: http://www.californiahealthykids.org

California Healthy Kids Survey: http://www.wested.org/hks

Centers for Disease Control and Prevention, Smoking and Tobacco Use: http://www.cdc.gov/tobacco Safe and Healthy Kids Annual Report: http://hk.duerrevaluation.com

U.S. Department of Education: http://www.ed.gov

U.S. Surgeon General: http://www.surgeongeneral.gov

Adopted: March 27, 2012 Revised: October 22, 2013

YOLO COUNTY OFFICE OF EDUCATION
Woodland, California **Students** AR 5131.62(a)

### **TOBACCO**

# **Tobacco-Use Prevention Education Program**

The Yolo County Office of Education's tobacco-use prevention program shall provide students in grades 6-12 instruction which addresses the following topics: (Health and Safety Code 104420)

- 1. Immediate and long-term undesirable physiologic, cosmetic, and social consequences of tobacco use
- 2. Reasons that adolescents say they smoke or use tobacco
- 3. Peer norms and social influences that promote tobacco use
- 4. Refusal skills for resisting social influences that promote tobacco use

```
(cf. 5131.6 - Alcohol and Other Drugs)
(cf. 6142.8 - Comprehensive Health Education)
(cf. 6143 - Courses of Study)
```

As appropriate, the Yolo County Office of Education shall provide or refer students in grades 7-12 to tobacco-use intervention and cessation activities. (Health and Safety Code 104420)

```
(cf. 1020 - Youth Services)
(cf. 5141.6 - School Health Services)
(cf. 6164.2 - Guidance/Counseling Services)
```

These services shall be directed toward current users and shall be voluntary for students who desire assistance in ceasing the use of tobacco.

In addition to targeting students who currently use tobacco, the district's program shall target students most at risk for beginning to use tobacco as identified through a local needs assessment.

The Yolo County Office of Education shall provide or refer every pregnant and parenting minor enrolled in the district to tobacco-use prevention services. Such services may be integrated with existing programs for pregnant and parenting minors and shall include: (Health and Safety Code 104460)

- 1. Referral to perinatal and related support services
- 2. Outreach services and assessment of smoking status
- 3. Individualized counseling and advocacy services

Students (continued) AR 5131.62(b)

- 4. Motivational messages
- 5. Cessation services, if appropriate
- 6. Incentives to maintain a healthy lifestyle
- 7. Follow-up assessment
- 8. Maintenance and relapse prevention services

(cf. 5146 - Married/Pregnant/Parenting Students)

# **Disciplinary Procedure**

Students who possess or use products containing tobacco and/or nicotine on school premises or at school-sponsored events shall be subject to the following disciplinary procedures:

- 1. First Offense:
  - a. Student conference.
  - b. Parent/guardian contact.
- 2. Second Offense:
  - a. Parent/guardian contact.
  - b. One to two days suspension or detention alternative to suspension.
- 3. Third and Subsequent Offenses
  - a. One- to five-day suspension.
  - b. Transfer.
  - c. Disciplinary probation with behavioral contract.

Disciplinary probation is a condition whereby a student must fulfill specific commitments or be denied certain privileges until his/her behavior improves. A behavioral contract is a written agreement among a student, his/her parent/guardian and an administrator. The contract sets fort conditions that the student must meet for the probation period. Failure to comply with the agreement's terms may result in further disciplinary action.

Adopted: March 27, 2012

Revised: October 22, 2013

YOLO COUNTY OFFICE OF EDUCATION
Woodland, California